

Office of Substance Use and Mental Health (SUMH)



Final Audit Report of:

Cache County/Bear River Mental Health Contract #A03079

Audit Review Date: November 4, 2025



Executive Summary

In accordance with Section 26B-5-102, the Office of Substance Use and Mental Health (SUMH) conducted a review of Cache County, Bear River Mental Health (BRMH) which is the agency within Cache County designated to provide services under the direction of the local authority (LA). The official date of the review was November 4, 2025 for FY24 (July 1, 2024 - June 30, 2025).

The focus of this examination was to evaluate the LA compliance with: contract requirements, SUMH Directives, mandated mental health services, and Preferred Practice Guidelines. During the examination, the review teams evaluated: the reliability and integrity of the LA's data and its compliance with established programmatic and operational objectives. Additionally, the review included an examination, through sampling, of the LA's use of financial resources.

This report outlines the findings of the audit. Once the report is received by the LA, the LA will have one week (5 business days) to review the report and provide feedback to SUMH. At the end of the review period, the report will be finalized and a signed copy will be sent to the LA. If necessary, a corrective action plan (CAP) report will also be issued and the report will be due back with input and responses from the LA within 14 calendar days from receipt of the signed audit report. For additional information about this process, please review the FY26 Office Directives G&O Monitoring Process #4-5 pages 3-4.

If you have questions regarding this audit, please address them to Kelly Ovard by email at <u>kovard@utah.gov</u> or by phone at 385-310-5118.

1



Findings

- There are no Governance and Fiscal findings for the FY26 audit on FY25 data.
- There are no Program findings for the FY26 audit of FY25 performance.

Table of Contents

Executive Summary	1
Summary of Findings	2
Table of Contents	2
Governance and Fiscal Review	3
Governance and Fiscal Review Findings	3
Program Review	4
Program Findings	5
Signature Page	6



Governance & Fiscal Review

The Office of Substance Use and Mental Health conducted its annual monitoring review of Cache County/BRMH. The operations section of the review was conducted on November 4, 2025. Overall cost per client data was analyzed and compared to the statewide LA average. State licensing and subcontractor files were examined for compliance with state licensing laws and adherence to contractual requirements, as well as the LA's own policy. Client fees were reviewed for consistency and adherence to approved fee schedules. Employee travel reimbursements were reviewed to ensure they were appropriate and that no personal benefit has been gained. Meeting minutes were reviewed and discussions were conducted to determine if an appropriate level of involvement and financial oversight was provided by the governing board and County.

As part of the site visit, BRMH provided backup from their subcontractors to support their costs and billed amounts, using rates taken from their Medicaid Cost Report. This report establishes the LA's cost allocation plan as it pertains to overhead/administrative costs and spreads these costs across the Current Procedural Terminology (CPT) billing codes used by the LA that year. This allows the SUMH to fairly incorporate these overhead/administrative costs into the payments sent for services that qualify for funding found on the LA's contract allocation letter. Random samples were taken from the backup provided to verify that the listed services qualified for each different service category.

There is a current and valid contract in place between SUMH and BRMH. BRMH received an audit for the year ending December 31, 2023. The firm Carver Florek and James completed the audit and issued a report dated December 31, 2024. There were no issues or findings in the audit. BRMH did not meet the threshold of \$750,000 required for a single audit.

Findings:

There are no Governance and Fiscal findings for the FY26 audit for FY25 data.



Program Review

The evaluation of mental health services included a review of:

- findings from the FY24 Monitoring Report, including follow-up with the Local Authority,
- the Area Plan, and
- overall compliance with data reporting,
- internal chart monitoring,
- HIPAA compliant telehealth services,
- provision of services across the continuum of care, including verification that the LA has subcontracted providers,
- adherence to the consumer satisfaction surveys (MSHIP, YSS and YSS-F) 10% sample rate requirement,
- consumer satisfaction survey results, including the LA's response regarding plans to improve domains that have a consumer response average that is below the national or state average (depending on the survey),
- suicide prevention
- provision of services in the client's preferred language, and
- adherence to the directive that SAMSHA grant funds may not be used to purchase, prescribe, or provide marijuana or treatment using marijuana.
- written policy regarding screening for and responding to suicide risk,
- SUMH Program Manager feedback regarding their monitoring of adherence to:
 - o collaboration with the statewide mental health crisis line,
 - crisis and early intervention, including:
 - Mobile Crisis Outreach Team (MCOT),
 - evidence that Medicaid funds are being utilized, when possible,
 - maternal and early childhood mental health,
 - State Hospital coordination, including participation in Continuity of Care meetings,
 - Peer Support services,
 - Mental Health Block Grant (MHBG) requirements, including provision of the ten mandated mental health services as required by Section 17-43-301(6)(b),
 - Mental Health Early Intervention (MEHI) funding,
 - o participation in local Homelessness Council meetings,
 - o service provision for clients with complex behavioral health conditions,
 - o maternal and early childhood mental health,
 - transition-age youth liaison, and

Utah Department of Health and Human Services, Office of Substance Use and Mental Health Cache Co/BRMH - FY26 Monitoring Report



 the LA's written policies regarding appropriate service provision for youth or adult clients with complex behavioral health conditions who require frequent engagement, and who are clinically indicated to need multiple mental health supports to remain in the community.

The SUMH Scorecards (Mental Health Treatment Scorecard for Youth, Mental Health Treatment Scorecard for Adults and Substance Use Treatment Outcomes Scorecard) and Outcome Questionnaire/Youth Outcome Questionnaire (OQ/YOQ) data results will be reviewed at a later date as a desk audit, as FY25 data was not available in time for the first several audits of the audit cycle.

Findings:

There are no program findings for the FY26 audit of FY25 performance.



Signature Page

The Office of Substance Use and Mental Health:

Director

Prepared by:	
Kelly Ovard Kelly Ovard	_{Date} 11/19/2025
Auditor IV	
Becky Johnson Becky Johnson (Nov 19, 2025 08:39:48 MST)	Date 11/19/2025
Auditor III	
Approved by:	
Kyle Larson	_{Date} 11/19/2025
Administrative Services Director	
Dave Wilde David Wilde (Nov 19, 2025 08:10:26 MST)	Date 11/19/2025
Assistant Director	
Pam Bennett Abernett	Date 11/19/2025
Assistant Director	
Eric Tadehara Eric Tadehara (Nov 21, 2025 18:24:15 MST)	Date 11/21/2025

BRMH FY26 Audit Final Report - Google Docs

Final Audit Report 2025-11-22

Created: 2025-11-19

By: Kelly Ovard (kovard@utah.gov)

Status: Signed

Transaction ID: CBJCHBCAABAAmmJPAIVEGjx1FjU8wlsj5yaKR3y7GQQz

"BRMH FY26 Audit Final Report - Google Docs" History

Document created by Kelly Ovard (kovard@utah.gov) 2025-11-19 - 2:55:17 PM GMT- IP address: 204.113.19.132

- Document emailed to Kelly Ovard (kovard@utah.gov) for signature 2025-11-19 2:57:30 PM GMT
- Document emailed to Becky Johnson (beckyljohnson@utah.gov) for signature 2025-11-19 2:57:30 PM GMT
- Document emailed to Kyle Larson (kblarson@utah.gov) for signature 2025-11-19 2:57:30 PM GMT
- Document emailed to David Wilde (djwilde@utah.gov) for signature 2025-11-19 2:57:31 PM GMT
- Document emailed to Pamela Bennett (pbennett1@utah.gov) for signature 2025-11-19 2:57:31 PM GMT
- Document emailed to Eric Tadehara (erictadehara@utah.gov) for signature 2025-11-19 2:57:31 PM GMT
- Email viewed by Kyle Larson (kblarson@utah.gov) 2025-11-19 2:57:37 PM GMT- IP address: 74.125.209.2
- Email viewed by Pamela Bennett (pbennett1@utah.gov) 2025-11-19 2:57:46 PM GMT- IP address: 74.125.209.4
- Document e-signed by Kelly Ovard (kovard@utah.gov)

 Signature Date: 2025-11-19 2:58:23 PM GMT Time Source: server- IP address: 204.113.19.132
- Document e-signed by Kyle Larson (kblarson@utah.gov)
 Signature Date: 2025-11-19 2:59:44 PM GMT Time Source: server- IP address: 204.113.19.132



Document e-signed by Pamela Bennett (pbennett1@utah.gov)

Signature Date: 2025-11-19 - 3:06:32 PM GMT - Time Source: server- IP address: 174.201.61.142

Email viewed by David Wilde (djwilde@utah.gov)

2025-11-19 - 3:08:41 PM GMT- IP address: 74.125.212.3

Document e-signed by David Wilde (djwilde@utah.gov)

Signature Date: 2025-11-19 - 3:10:26 PM GMT - Time Source: server- IP address: 136.38.92.3

Email viewed by Eric Tadehara (erictadehara@utah.gov)

2025-11-19 - 3:22:14 PM GMT- IP address: 74.125.210.163

Email viewed by Becky Johnson (beckyljohnson@utah.gov)

2025-11-19 - 3:30:51 PM GMT- IP address: 74.125.212.6

Document e-signed by Becky Johnson (beckyljohnson@utah.gov)

Signature Date: 2025-11-19 - 3:39:48 PM GMT - Time Source: server- IP address: 76.149.152.6

Document e-signed by Eric Tadehara (erictadehara@utah.gov)

Signature Date: 2025-11-22 - 1:24:15 AM GMT - Time Source: server- IP address: 99.196.133.221

Agreement completed.

2025-11-22 - 1:24:15 AM GMT

